



Trinity Survey: Broken View of God

Think about God. Put a check beside how you see the Father, the Son, and Holy Spirit.

| | Approachable | Stern/Just | Friendly | Comforting | Powerful | Creative |
|--------------------|--------------|------------|----------|------------|----------|----------|
| Father | | | | | | |
| Son | | | | | | |
| Holy Spirit | | | | | | |

“Like a compass that is slightly off, if our understanding of God is distorted even a little bit, we will eventually steer so far off course that we completely lose our way. No one and nothing has the power to destroy the union of the Father, Son, and spirit, nor the image of God within each person. However, distorted views of our triune God can manage to set us on a course of self-destruction. No one I know ever intentionally introduces Jesus as the “lesser god,” or refers to an angry Father pointing a gun at us, or to the Holy Spirit as a “missing person” in the whole equation. Yet, as Jesus points out, the underlying beliefs in our hearts translate into our words and faith practice. “For out of the abundance of the heart the mouth speaks.” Matthew 12:34” page 63 (*Paradox Lost* by Catherine Skurja with Jen Johnson)

Our God is not either or. He is all.

| | | |
|---------------------------|----------------------------------|---------------------------|
| Truth and Grace | Boldness and Gentleness | Leader and Servant |
| Justice and Mercy | Rules and Relationship | Transcendent and Immanent |
| Comforting and Retreating | Great & Mighty and Compassionate | |

It is important that your view of God is as whole and truthful as possible. By doing the exercise above, it will give you insight into how your view may be skewed. Go back to the Breaking down Lies worksheet and use it to break down and demolish any lies you believe about God and Who He is to you.

If what you think of God does not line up with Who He is, take time to pray about this. You will be amazed at how just adjusting this one area can be freeing and give you the strength to walk through whatever issues you are facing now and in the future.

Use the worksheet from Video 3 to help break down any lies you believe about God!